

# BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE SUMMER SPEED SESSION 2016 – SESSION F

Beginning: Monday July 11, 2016 Ending: Friday, August 5, 2016 Make-up Week: No make-ups		Address: 100 Barber Place, Erie, PA 16507-1899 To Contact us on-line: <a href="mailto:madams@barberinstitute.org">madams@barberinstitute.org</a> or <a href="http://www.barberinstitute.org">www.barberinstitute.org</a> , select About Us, select Community Resources.
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**\*\*Learn – To – Swim Classes will be held TWICE a week for 4 weeks\*\***

TIME	MONDAYS and THURSDAYS	TUESDAYS and FRIDAYS	WEDNESDAY	Learn-To-Swim
9-10:00	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	<b><u>To Register For Swim Classes</u></b>  (or to take your name off the mailing list )  <b>Call: 878-4071</b>  <b><u>Next Session:</u></b> Session A August 29-October 21 Registration for Session A members – August 15, non-members August 22.
10:30	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	
11:00	BNI Summer Camps	BNI Summer Camps	BNI Summer Camps	
12-1	Adult Open Exercise	Adult Open Exercise and	Adult Open Exercise	
1-2	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	
2:00	Adult Open Exercise	Private Lesson \$12.00	Adult Open Exercise	
2:30	2:00 – 3:00	Level 3	2:00 – 3:00	
3:00	Preschool Aqua Level 2	Level 2	Private Lesson \$12.00	
3:30	Preschool Aqua Level 3	Preschool Aqua Level 1	Private Lesson \$12.00	
4:00	Preschool Aqua Level 1	Parent Child Level 1	Private Lesson \$12.00	
4:30	Level 1	Preschool Aqua Level 2	Private Lesson \$12.00	
5:00	Level 4	Parent Child Level 2	Private Lesson \$12.00	
5:30	Level 2	Parent Child Level 2	Private Lesson \$12.00	

**6:00 – 7:00 pm      Mondays – AOE      Tuesdays – Adult lessons (1 hour),      Wednesdays – AOE**

**6:00 – 7:00 pm      Thursdays and Fridays – Family Swim**

## **Students 6 Months to 5 Years:**

Parent/Child Level 1: 6 months to 4 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Parent/Child Level 2: 1.5 to 4 years of age, Parental assist in the water. Builds on skills introduced in Parent/Child Level 1.

Preschool Aquatics Level 1: Ages 3, 4, 5. Elementary aquatic skills and safety practices

Preschool Aquatics Level 2: Ages 3, 4 and 5. Beginning independent aquatic locomotion skills.

Preschool Aquatics Level 3: Ages 3, 4 and 5. Swimming skills are now performed independently.

## **Students Ages 6 and Above:**

Level 1: Elementary aquatic skills and safety practices

Level 2: Beginning of independent aquatic locomotion skills.

Level 3: Beginning of stroke development (front crawl, elementary backstroke and sidestroke).

Level 4: Refining Front crawl, elementary backstroke, side stroke. Learning breaststroke, butterfly, back-crawl.

**\*\*Passing Level 4 provides skills to join a swim team\*\***

**Registration:**  
**Members early sign up begins June 27, 2016**  
**Non-members Begin July 5, 2016**

# Annual Shutdown

The pool will be closed for shutdown from August 8, 2016 to August 26, 2016